

North Shore Montessori School
COVID-19 health policy

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever (100 degrees F or higher) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

North Shore Montessori School will follow the below guidelines*:

- If a child or staff member tests positive for COVID-19, the school must contact DOH and follow the guidance set forth. This may result in the whole class staying home to self-isolate for a period of time as instructed by DOH. Families will be notified.
- If a child's family member tests positive for COVID-19, the child must remain home for a 14-day period to ensure they do not also present with symptoms. Families will be notified.
- If a child presents with any COVID-19 symptoms, they must be sent home immediately.
- Children should remain out of school for a minimum of 10 days from the onset of symptoms.
- Children may return to school when:
 - fever free without the use of antipyretics (fever reducing medicine) for 72 hours before returning to school.
 - other symptoms have improved and no new symptoms are present.
 - or they are seen by a doctor and test negative for COVID-19.

Travel restrictions*

- If the child travels to one of the states or countries on the DOH Travel Advisory, they must remain home for 14 days before returning to school.
- If a child's family member travels to one of the states or countries on the DOH Travel Advisory, the parent must quarantine for 14 days and may not bring the child to school for drop off or pick up.

*Subject to change based on DOH, OCFS and CDC guidelines.

DOH - Department of Health

OCFS - Office of Children & Family Services

CDC - Centers for Disease Control & Prevention